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Elevate

Reading

Preparing for Adulthood

What is an adult?



Adult

Dictionary definition:

Noun: a person who is **fully grown**.

Wikipedia:

Biologically, an adult is a human being or other organism that has reached sexual maturity. In human context, the term adult additionally has meanings associated with social and legal concepts. In contrast to a "minor", a legal adult is a person who has attained the age of majority and is therefore regarded as **independent, self-sufficient, and responsible**.

Preparing for Adulthood:

- Independent – means not depending on another for livelihood or subsistence.
- Self sufficient - **means** not relying on others for things that you **can do** yourself.
- Responsible - answerable, or accountable for something within one's power, control, or management.

What does this mean for delivery of services?



Focus on:

- Not depending on others
- Doing what they can do for themselves
- Being accountable for their actions

What is Elevate?

Engagement:

- Events
- Job Clubs
- 1 day workshops
- Job Fairs
- **Partnerships**

Programmes:

- Mapis – creative industries / retail / event planning
- RECRO – The Life You Want programme
- Basic skills delivery
- Ways Into Work – Support into Employment
- Mencap
- Adviza – 16 to 18 provision
- Work Experience (1 and 8 week placements)



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Case Study

Isabelle:



Issues: Anxiety / Depression

Isabelle said, “I am so thankful for all the help Elevate has offered me. Being able to come back to show the progress and personal developments I made since I first came to Elevate is amazing. I have gained such a sense of pride in myself and look forward to progressing even further!”

Links to other providers and referral agencies

Provider Network

- Reading College
- Henley College
- BCA
- London Irish – Hitz
- Independent Training Consortiums
- UTC Reading
- Reading Football Club
- Activate Learning
- MAPIS Project
- Princes Trust
- Wilderness Foundation
- etc etc...40+ providers in the network

Referrals

- RBC Service Manager Group
- 3rd Sector
- Providers

Employers / Business

- Reading UKCIC

Contact for Enquiries

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